















Allergen & E Number Identification															
Dish Main Meals															E102, E104, E110, E122, E124, E129.
	Cereals containing gluten	Crustaceans, for example prawns, crabs, lobster and crayfish	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts, such as almonds, hazelnuts, walnuts, pecan nuts, Brazil nuts, pistachio, cashew and macadamia (Queensland) nuts	Celery (and celeriac)	Mustard	Sesame seeds	Sulphur dioxide, which is a preservative found in some dried fruit	Lupin	Molluscs, for example clams, mussels, whelks, oysters, snails and squid	Name or E number of the colour(s) (if present) which may have an adverse effect on activity and attention in children.*
Beef and Vegetable pot pie	YES	P	P	P	P	YES	YES	P	YES	P	P	YES			*
Beef Medallions	P	P	P	P	P	YES	YES	P	YES	YES	P	P			
Ricotta and Spinach Stuffed Chicken Bread	P	P	P	P	P	YES	YES	P	YES	YES	P	P			
Moroccan Spiced Chicken	YES	P	P	P	P	P	P	P	P	P	P	P			
Classic Paella Mixta	P	YES	P	YES	P	YES	P	P	P	P	P	P		YES	
Cacciucco	P	YES	P	YES	P	P	YES	YES	P	P	P	P		YES	
Salmon Fillets	P	YES	P	YES	P	YES	YES	P	P	P	P	YES			
Octopus Stew	P	YES	P	YES	P	YES	P	P	P	P	P	P			
Ricotta and Spinach Ricciole	YES	P	YES	P	P	YES	YES	P	P	P	P	P			
Lasagne Genovese	YES	P	YES	P	P	YES	YES	P	YES	P	P	YES			
Steak and kidney pie	YES		YES	P	P	YES	YES	P	YES	P	P	YES			
Tuna and spinach pie	YES		YES	YES	P	P	YES	P	P	P	P	P			
Vegetarian pie	YES		YES		P	YES	YES	P	YES	P	P				
Rabbit pie	YES		YES		P	YES	YES		YES	P	P	YES			
Wild mushroom sauce	P		YES	P	P	P	YES	P	YES	P	P	YES			
Bolognese sauce	P		P	P	P	YES	P	P	YES	P	P	P			
Prawn Bisque	P	YES	P	P	P	P	P	P	YES	P	P	P			
Smoked salmon sauce	YES		P	YES	P	P	YES	P	P	P	P	P			
Date crostata	YES		YES	P	P	P	YES	P		P	P	P			
Strawberry crostata	YES		YES		P	P		P			P				
Apple pie	YES		YES		P	P	YES	P	P	P	P	YES			
Peach and crumble corstata	YES		YES		P	YES	YES	P			P	P			
Pear and praline crumble	YES		YES		P	P	YES	YES			P				
Chocolate gateaux	YES		YES		P	YES	YES	YES			P				
Mango and coconut gateaux	P		YES	P		YES	YES	YES	P	P	P	P			
Apple and cinnamon gateaux	YES		YES	P	P	YES	YES	P	P	P	P				
Cheese cake	YES		P		P	YES	YES	P			P				
Tiramisu	YES		YES		P	P	YES	P			P	YES			
Chocolate and sacher gateaux	YES		YES		P	YES	YES	YES			P				

YES Allergen not present  
Allergen present

YES<sup>c</sup> Allergen present due to cross contact through method of preparation/processes (e.g shared equipment)

P May contain traces of Allergen through the cooking/preparation process

P May contain traces of Allergen indicated on product

\*May have an adverse effect on activity and attention in children.